



# Least Bell's Vireo's Voice

Whittier Narrows Nature Center Associates Newsletter

May 2020

The Cornell Lab    
**GLOBAL BIG DAY**  
9 MAY 2020

**Birding biggest day is back. While not everyone may be able to leave home to bird this year, Global Bird Day is an opportunity to check in with the birds in and around where you live. Report observations in the free Bird Mobile app**

There are several websites around bird cams, some following entire nesting seasons. The Cornell University one can be accessed at:  
[birdcams@bird.com](mailto:birdcams@bird.com)

Web site access:

[WNNCA.org](http://WNNCA.org)

Our email: [wnnca@att.net](mailto:wnnca@att.net)



**Visitors to Socorro's backyard.**

**The lizard is thought to be a Southern alligator lizard, found in Baja California. (Long distance visitor)**

**The bird looks like a lesser goldfinch, but we will wait for Lou to corrects us.**



**This photo was taken by Colleen towards the front of the Nature Center.**

**The prevalent opinion is that it is a lupine. If you know which specific one, let us know .**

# BACKYARD VISITORS





*Hokusai was a Japanese artist, painter and printmaker (1760 - 1849)*

*Many of his images reside in the British Museum.*

*This poem was written by Roger Keyes, an Art historian and Hokusai scholar.*

*We hope you enjoy it.*

*Hokusai says look carefully.  
 He says pay attention, notice.  
 He says keep looking, stay curious.  
 Hokusai says there is no end to seeing  
 He says look forward to getting old.  
 He says keep changing,  
 you just get more who you really are.  
 He says get stuck, accept it, repeat  
 yourself as long as it is interesting.  
 He says keep doing what you love.  
 He says keep praying.  
 He says every one of us is a child,  
 every one of us is ancient  
 every one of us has a body.  
 He says every one of us is frightened.  
 He says every one of us has to find  
 a way to live with fear.  
 He says everything is alive --  
 shells, buildings, people, fish,  
 mountains, trees, wood is alive.  
 Water is alive.  
 Everything has its own life.  
 Everything lives inside us.  
 He says live with the world inside you.  
 He says it doesn't matter if you draw,  
 or write books. It doesn't matter  
 if you saw wood, or catch fish.  
 It doesn't matter if you sit at home  
 and stare at the ants on your veranda  
 or the shadows of the trees  
 and grasses in your garden.  
 It matters that you care.  
 It matters that you feel.  
 It matters that you notice.  
 It matters that life lives through you.  
 Contentment is life living through you.  
 Joy is life living through you.*

*He says don't be afraid.  
 Love, feel let life take you  
 By the hand.  
 Let life live through you.*

Roger Keyes